

SYLLABUS

Knock O'Hogan Feis Solas Nua ("New Light")

Feis Solas Nua

March 21 & 22, 2026

Edmonton Convention Centre

9797 Jasper Ave, Edmonton, AB

Start date: March 21, 2026
End date: March 22, 2026
Last day to register: March 11, 2026

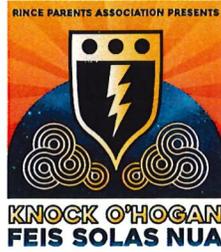
Adjudicators:

TBA

Musicians:

Luke Sooy
Sean O'Brien

New Jersey, US,
Calgary, Canada



ACCOMMODATION

1) Courtyard Marriot Downtown:

Link: [Book your group rate for Knock O'Hogan School of Irish Dance- Feis Solas Nua](#)

\$189/night
 \$35 parking
 10% off all food and beverage
 Block closes Feb. 27

2) Westin Hotel:

Link: [Book your group rate for Knock O'Hogan School of Irish Dance - Room Block, Mar 2026](#)

\$149/night
 \$30 parking
 20% off breakfast buffet
 Group rate available until February 20

VENDORS/ADVERTISING

Vendor tables will be available for \$100 each and \$60 for additional tables. We also have a wide variety of sponsorship and advertising opportunities available, for more information, please contact: elysecbrannen@gmail.com

Advertising space is available in our digital program. Rates and sizes are as follows:

Full page	\$100.00	7" wide x 10" high
Half page horizontal	\$50.00	7" wide x 4 ¾" high
Half page vertical	\$50.00	3 ¼" wide x 10" high
Business Card	\$20.00	3 ½" wide x 2" high

Completed advertising material must be received by March 9, 2026



REGISTRATION INFORMATION

Feis Solas Nua is registered with, An Coimisiun Le Rinci Gaelacha, Dublin, Ireland, Western Canada Irish Dancing Teachers' Association.

TROPHY RETURN

Please return all Perpetual Trophies from last year's Feis Solas Nua.

TENTATIVE SCHEDULE: final schedule will be posted after registrations are complete.

SATURDAY, March 21, 2026

Championships
Championship Specials
Novice/PW Trophies
Beginner & Adv. Beginner Trophies
Beginner Ceili
Champ Ceili
Adults Figures & Comps & Championships
Soft Shoe Special N/PW/ Prelim/ Open

SUNDAY, March 22, 2026

Solos First Feis – Prizewinner
Trophies – First Feis – Prizewinner
Specials – Beginners – Prizewinner
Beginner & Adv. Beginner Trophies & Solos
2nd Prelim Championship
2nd Open Championship (blackout optional)
Most Promising Dancer

ADMISSION AND RESULTS: A family admission fee of \$50.00 will be charged through Feis Forward on registration. This is not included in the Family Max.

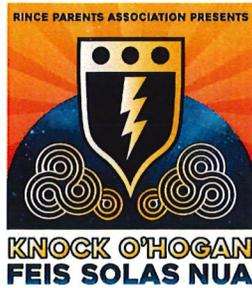
Closing date for entries is March 9, 2026. Entries after this date are subject to a **\$20.00** late fee. Late entries will be accepted up to Mar. 11/26. No substitutions. No deletions after the cut-off date. No changes after the cut-off date except updates to dancer status. **No refunds.**

Please submit your registrations through <https://www.feisfwd.com/>

Family Max	\$155.00
Solo Competitions	\$6.00 per competitor
Figure Dancing	\$5.00 per competitor
Trophy Dances	\$15.00 per competitor
Championships	\$50.00 per competitor

SPECIALS & OTHERS - not included in the family max

Treble Reel Special	\$15.00 per competitor
Beg / Adv. Beg Light Jig Special	\$15.00 per competitor
Novice / Prizewinner Trad Set	\$15.00 per competitor
Prelim / Open Trad Set Special	\$15.00 per competitor
2 nd Championship Prelim/Open	\$50.00 per competitor
Soft Shoe Special N/PW/Prelim/Open	\$15.00 per competitor



FEIS RULES

1. Competitions are open to amateurs only. Only students of teachers registered with W.C.I.D.T.A, I.D.T.A.N.A and An Coimisiun le Gaelacha may complete.
2. Competitor's age will be determined as of January 1st of the current year.
3. Entries to all Feiseanna must receive approval from the competitor's teacher.

4.. CATEGORIES

First Feis - a dancer who has never previously competed in a registered feis.

Beginner - a dancer who has not qualified for Advanced Beginner in that particular dance.

Advanced Beginner - a dancer who has received qualifying place in that particular dance in the Beginner level but has not yet qualified to move on to Novice in that particular dance.

Novice - a dancer who has received qualifying place in that particular dance in the Advanced Beginner level but has not yet qualified to move on to Prizewinner in that particular dance.

Prizewinner – a dancer who has received qualifying place in that particular dance in the Novice level but has not yet qualified to advance to Preliminary Championships.

Beginner/Advanced Beginner Trophies – open to dancers who dance the majority of their dances in the Beg or Adv Beg level in solos. A dancer must advance to Novice/Prizewinner Trophy if they receive two first place trophies, or if they advance in their solo levels.

Novice/Prizewinner Trophies – (Treble Jig 32 bars, choice of two speeds) - Open to dancers who dance the majority of their dances in the Novice or Prizewinner level in their solos. Also open to dancers who have previously won two first place trophies in the Beg/Adv Beginner Trophy competitions. Dancers in ALL age groups dance the Treble Jig.

Preliminary Championships: Open to dancers who have won two (2) first place trophies in the Novice/Prizewinner Trophy competition, and who have not previously won three (3) first place Preliminary Championships. Option A: 48 bars of Reel OR 40 bars of Slip Jig, AND one non-traditional set dance, with the exception of the U8 / U9 age groups who will dance a Traditional Set Dance. (11/11/05) Option B: 48 bars of Reel OR 40 bars of Slip Jig, AND one Non-Traditional Set Dance may be danced, (with the exception of the U8 / U9 age groups who will dance a Traditional Set Dance (11/11/05). Where Option B is used, all three rounds will be offered as a trophy dance instead of Preliminary Solos. (05/31/02) Option C: 48 bars of Reel OR 40 bars of Slip Jig, AND 48 bars of Treble Jig OR 40 bars of Hornpipe, AND the option of a recall for the Set Dance Round in addition to offering all solo dances in Preliminary solo and Open competitions. (11/05/04) U8 / U9 age groups will dance a Traditional Set Dance. (11/11/05)

Open Championships – Open Championships: Open to dancers who have previously won three (3) first place Preliminary Championships. Option A: 48 bars of Reel OR 40 bars of Slip Jig, AND 48 bars of Treble Jig OR 40 bars of Hornpipe, AND one Non-Traditional Set Dance with the exception of the U8/U9 age groups who will dance a Traditional Set Dance. (11/11/05) Option B: 48 bars of Reel OR 40 bars of Slip Jig, AND 48 bars of Treble Jig OR 40 bars of Hornpipe, AND a Non-Traditional Set Dance except for the U8/U9 age groups who will dance a Traditional Set Dance. (11/11/05) Where Option B is used, all three rounds will be offered as a trophy dance instead of Open Solos. (05/31/02)

Adult Championship: Open to dancers aged 18 and over, who have not competed in nonadult competitions (also known as youth/over categories) for solo or team events during the previous five (5) years.

Advanced Adult Championship: Open to dancers aged 18 and over, who have previously placed in the top 3 of a Preliminary Championship or competed in Open Championship levels in the youth/over levels, regardless of when the competitor was active. An Advanced Adult dancer has opted to leave the youth/over categories, and once the dancer begins competing in Advanced Adult the dancer may not return to the youth/over categories

NOTE: Teachers with Adult dancers are strongly advised to consult the IDTANA Handbook for all rules related to adult dancing and competitions.

- 5 Competitors may only dance each dance once. Competitors entered in the First Feis may repeat their Reel and Light Jig in Beginner.
6. Music shall be in accordance with regulation metronome speeds
7. In Figure Dancing, only 50% of a team may be moved to higher age group to complete a Figure - unless special permission has been granted by the Feis Committee prior to the Feis. All Ceili dances must be performed in accordance with the official handbook.
- 8 A competition may be cancelled or moved up to the next age category if there are less than three entries. If there is a large entry (as per W.C.I.D.T.A. rules), the competition will be split at the discretion of the feis committee.
- 9 All competitors must be in the hall 60 minutes before their competition is scheduled to begin.
- 10 All dancers must be in complete dance costume, including shoes, to receive any award.
- 11 Adjudicators or musicians cannot be approached during the competition by anyone except the Feis Committee. The decision of the Adjudicator is final.
- 12 The Feis Committee, Rince Parents Association, Knock School of Irish Dance, the W.C.I.D.T.A, the Edmonton Convention Centre, or any organization affiliated with same, will not be held responsible for any personal injury, property loss or damage during the event. Destruction of Feis property or rental property will be punishable by law.
13. Protest against breach of rules will be considered if made in writing and signed by the objector. The objection must also be accompanied by a \$25.00 fee and reach the Committee before the prizes are presented. If the complaint is justified, the \$25.00 fee will be refunded.
- 14 All feis committees must award a minimum of 30% of COMPETITORS in Preliminary and Open Championships.
15. Competitors may only compete in a Trophy or Championship competition, but not both. Treble Reel trophy and "Specials" do not apply. . No video equipment will be allowed in the hall. This is a Commission rule.
16. Dancers will be required to dance two steps (32 bars) only in the regular Solo and Trophy competitions but will be required to perform the mandatory number of bars in Preliminary and Open Championships - i.e. 48 bars in the Reel and Treble Jig, 40 bars in the Slip Jig and Hornpipe.
17. Not with standing any other conditions specified herein, the Feis Committee reserves the right to refuse any entry and to alter or cancel any rule or condition as it may be deemed necessary in the best interest of the Feis.
18. Competitors will not be allowed to wear shorts, bike shorts, or other unconventional dress. Authentic Gaelic costumes should be worn in accordance to Ireland's specifications as indicated below.
19. The Feis Committee reserves the right to refuse any entry.
20. Dancers shall advance in each individual solo dance as follows: Number of dancers who danced in a Competition Placing(s) that move dancers to the next level < 5 No placing advances 5 – 9 1st place moves up 10 - 19 1st , 2nd, and 3rd, moves up 19 – 29 1st , 2nd, 3rd, 4th, moves up 30 or more 1st , 2nd, 3rd, 4th, and 5th, move up.

Dancers shall advance in trophy competitions and Championships as follows: • A dancer who wins two first place trophies in the Beginner/Advanced Beginner Trophy advances to the Novice/Prizewinner Trophy, or: • A dancer who advances to Novice or Prizewinner for the majority of their solo levels (hard shoes in particular) +automatically advances to the Novice/prizewinner Trophy. • A dancer who wins two first places Novice/Prizewinner Trophy competitions advances to Preliminary Championships. • A dancer who wins three first place Preliminary Championship competitions advances to Open Championships • Should a dancer win a third Preliminary Championship on the first day of competition, they are eligible to move to Open Championship on the second day of competition. If they choose to withdraw from a pre-registered second Preliminary Championship, they are not eligible for a refund from that competition, but may transfer that registration fee to the Open Championship competition.

21. All feis committees must award a minimum of 30% of competitors in Preliminary and Open Championships. 22. Shiny plastic number cards should not be used. All other Feis rules as per An Coimisiun Le Rinci Gaelacha, the I.D.T.A.N.A. and the

Figure/Ceili Dancing

TEAM COMPETITIONS ARE OFFERED ACROSS TWO SECTIONS:
 • GRADES (BEGINNER TO PRIZEWINNER DANCERS ONLY)
 • CHAMPIONSHIP LEVEL.

GRADES DANCERS MAY MOVE 'UP' TO DANCE IN CHAMP LEVEL
 BUT CHAMP LEVEL DANCERS CANNOT DANCE 'DOWN'
 IN GRADES LEVELS. UP TO 50% OF A TEAM MAY DANCE 'UP' IN A HIGHER AGE
 GROUP, BUT OLDER DANCERS CANNOT DANCE 'DOWN' IN A YOUNGER AGE
 ALL RULES AS PER WCIDTA & DANCES PER CLRG'S "AR RINCE CEILI"

GRADES TEAMS

<u>Beg to PW</u> 2Hand	810-U11	815-U13	820-O13		
<u>Beg to PW</u> 3Hand	811-U11	816-U13	821-O13		
<u>Beg to-PW</u> 4-HAND	812-U11	817-U13	822-O13		
<u>Beg-PW</u> 6-HAND	813-U11	818-U13	823-O13		
<u>Beg-PW</u> 8-HAND	814-U11	819-U13	824-O13		

CHAMP TEAMS

2 Hand	860-U11	865-U13	870-U16	875-U18	880-18&0
3 Hand	861-U11	866-U13	871-U16	876-U18	881-18&0
4 Hand	862-U11	867-U13	872-U16	877-U18	882-18&0
6 Hand	863-U11	868-U13	873-U16	878-U18	883-18&0
8 Hand	864-U11	869-U13	874-U16	879-U18	884-18&0

COMPETITION NUMBERS

GRADES

FIRST FEIS

	U6	U7	U8	U9	U10	10&0
REEL	3	5	7	9	11	13
LIGHT JIG	4	6	8	10	12	14

BEGINNER

	U6	U7	U8	U9	U10	U11	U12	12&0
REEL	107	114	121	128	135	142	149	163
LT.JIG	108	115	122	129	136	143	150	164
SINGLE JIG	109	116	123	130	137	144	151	165
SLIP JIG	110	117	124	131	138	145	152	166
TREBLE JIG		118	125	132	139	146	153	167
HORNPIPE		119	126	133	140	147	154	168
TRAD SET		120	127	134	141	148	155	169

ADV.BEGINNER

	U6	U7	U8	U9	U10	U11	U12	12&0
REEL		214	221	228	235	242	249	263
LT. JIG		215	222	229	236	243	250	264
SINGLE JIG		216	223	230	237	244	251	265
SLIP JIG		217	224	231	238	245	252	266
TREBLE JIG		218	225	232	239	246	253	267
HORNPIPE		219	226	233	240	247	254	268
TRAD SET		220	227	234	241	248	255	269

NOVICE

	U8	U9	U10	U11	U12	12&0
REEL	321	328	335	342	349	363
LT. JIG	322	329	336	343	350	364
SINGLE JIG	323	330	337	344	351	365
SLIP JIG	324	331	338	345	352	366
TREBLE JIG	325	332	339	346	353	367
HORNPIPE	326	333	340	347	354	368
TRAD SET	327	334	341	348	355	369

PRIZEWINNER

	U8	U9	U10	U11	U12	U13	U14	14&0
REEL	421	428	435	442	449	456	463	477
LT. JIG	422	429	436	443	450	457	464	478
SINGLE JIG	423	430	437	444	451	458	465	479
SLIP JIG	424	431	438	445	452	459	466	480
TREBLE JIG	425	432	439	446	453	460	467	481
HORNPIPE	426	433	440	447	454	461	468	482
TRAD SET	427	434	441	448	455	462	469	483

COMPETITION NUMBERS

FIRST FEIS TROPHY U6 U7 U8 U9 U10 U12 12&O

GIRLS 900 901 902 903 904 906 907

BOYS 916 917 918 919 920 921

REEL TROPHY U6 U7 U8 U9 U10 U11 U12 12&O

BEG/ADV.BEG 930 931 932 933 934 935 936 937

BEG/ADV.BEG 2ND CHANCE 940 941 942 943 944 945 946 947

HARD SHOE TROPHY U8 U9 U10 U11 U12 U13 U14 14&O

NOV/PW 948 949 950 951 952 953 954 955

NOV/PW 2ND CHANCE 957 958 959 960 961 962 963 964

CHAMPIONSHIPS

PRELIMINARY U9 U10 U11 U12 U13 U14 U15 15&O

702 703 704 705 706 707 708 709

2ND PRELIMINARY 712 713 714 715 716 717 718 719

OPEN U10 U11 U12 U13 U14 U15 U16 U18 U20 U22

723 724 725 726 727 728 729 730 731 732

22&O 733

2ND OPEN 734 735 736 737 738 739 740 741 742 743

22&O 744

TROPHY SPECIALS

TREBLE REEL U10 U11 U12 U14 14&O

Nov/PW 1006 1007 1008 1010 1012

U10 U11 U12 U14 U15 U16 16 &O

Prelim/Open 1013 1014 1015 1017 1018 1019 1020

Lt Jig Special

Beg/Adv. Beg U6 U7 U8 U9 U10 U11 U12 U14 14&O

1099 1100 1101 1102 1103 1104 1105 1106 1107

Trad Set Special

Nov/PW 1109 1110 1111 1112 1113 1115 1116

Trad Set Special

Prelim / Open U10 U11 U12 U13 U14 U15 U16 U18 18&O

1120 1121 1122 1123 1124 1125 1126 1127 1128

Soft Shoe Special

U10 U11 U12 U13 U14 U15 U16 U18 U20 20&O

Prelim 1220 1221 1222 1223 1224 1225 1226 1227 1228 1229

Open 1238 1239 1240 1241 1242 1243 1244 1245 1246 1247

